

## REFLECTION OF LEARNING & GOAL SETTING RUBRIC

- EC +1** Consistently exhibits the ability to recognize and reflect upon own strengths and weaknesses; set clear and **measurable** goals, **independently** monitoring progress towards achieving them; and demonstrate a growth mindset, through persistent follow through, **extending knowledge beyond the scope of the class**
- 5** **Consistently** exhibits the ability to recognize and reflect upon own strengths and weaknesses; set **clear goals, working consistently** towards achieving them and; follow through with an **effective** plan of improvement
- 4** **Usually** exhibits the ability to recognize and reflect upon own strengths and weaknesses; set goals, **working consistently** towards achieving them; and follow through with a plan that affects **some improvement**
- 3** Exhibits some ability to recognize and reflect upon own strengths and weaknesses; set goals with **some** assistance; and **follow through often** with a plan of improvement
- 2** Exhibits **some** ability to recognize and reflect upon own strengths and weaknesses; set goals with assistance; and **follow through occasionally** with a plan of improvement
- 1** Needs assistance with awareness of own strengths and weakness and sets **little or no goals** or realistic plan for improvement and/or **very little follow through**
- 0** Exhibits **little or no** awareness of strengths and weakness